



Ronald McDonald House Charities®
Intermountain Area

**SCHEDULE
ONLINE!**
RMHCSLC.ORG

RMHC MENU

STARTER CHOOSE YOUR MEAL

01. LUNCH **70**
LUNCH IS SERVED AT 1:00 PM. **(PEOPLE)**

02. DINNER **70**
DINNER IS SERVED AT 6:00 PM. **(PEOPLE)**

MAIN MENU CHOOSE YOUR INGREDIENTS

BE CREATIVE
HAVE FUN WITH THE MENU AND BE CREATIVE. THE FAMILIES WE SERVE TRULY APPRECIATE HAVING A VARIETY OF MEALS PREPARED.

MEAT & VEGETARIAN OPTION
INCLUDE A MEAT & VEGETARIAN MAIN DISH FOR THOSE FAMILIES WITH DIETARY RESTRICTIONS

INGREDIENTS
WHEN YOU SIGN UP FOR A MEAL, YOU ARE RESPONSIBLE FOR CHOOSING THE MENU, PURCHASING ALL THE FOOD ITEMS, PREPARING THE MEAL ONSITE, SERVING THE MEAL TO THE FAMILIES, AND CLEAN UP. WE ARE UNABLE TO SERVE ANY FOOD PREPARED OFFSITE UNLESS IT IS STORE BOUGHT OR CATERED. PLEASE BRING PAPER PRODUCTS FOR YOUR MEAL.

LAST COURSE REGISTER ONLINE

ONLINE CALENDAR
VISIT OUR WEBSITE TO SIGN UP FOR A MEAL. GO TO THE GET INVOLVED PAGE TO SIGN UP.

CALL FOR INFORMATION
YOU MAY CONTACT US WITH ANY QUESTIONS AT 801-662-5820.
100 N. MARIO CAPECCHI DRIVE, SLC, UTAH 84103

Ronald McDonald Family Room
ADOPT-A-MEAL





The Adopt-A-Meal program provides a much-needed service to families who are supporting their sick or injured children. Often families don't have the time, resources, or energy to prepare a healthy, hot meal for themselves. Thank you for providing a comfort from home for our guests.

THINGS TO REMEMBER WHEN DOING A MEAL

MAXIMUM VOLUNTEERS

8

Your kids are welcome to join you, but anyone under 18 must be supervised by a parent or guardian at all times.

TIME COMMITMENT

2-3 HOURS

Prepare all meals from start to finish in our kitchen, with the provided hairnets and gloves. Food that is pre-packaged or pre-prepared in a restaurant, store or commercial kitchen may be served. Home pre-prepared food CANNOT be served and must be removed from the kitchen to ensure safety. Please give notice if you need to cancel or reschedule.

KITCHEN TOOLS

We have 2 dishwashers, 2 ovens, 2 microwaves, 2 crockpots, 2 griddles, an induction cooktop with 6 burners, basic cooking utensils, serving bowls and countless serving utensils. Plan to bring any needed specialty tools like rice cookers or specialty cake pans with you. We also ask that groups provide the paper products for the meal.

FOOD PREPARATION

Groups serve the meals to families from the kitchen counter. Remember our estimates of how many servings to prepare is just that. Keep food safe by maintaining temperatures of 140°F or higher for hot food and 41°F or less for cold food.

MEAL PLANNING

Send your menu to RMHC at least 3 days in advance. Be creative! Feel free to make your family favorites. Remember to include a meat and vegetarian main dish.

WHEN YOU ARRIVE

Primary Children's Hospital is located at 100 North Mario Capecchi Drive, SLC UT 84103. Please park in the garage on the North side of the hospital. Enter through the North entrance of the hospital and head to the third floor where you will see directional signs leading to the Ronald McDonald Family Room - 3rd Floor. Remember to help us maintain a calm and peaceful space. **We ask that children under 18 are supervised at all times and guests stay in the common areas.** Thank you for your generosity and we hope you have a wonderful experience.

THANK YOU
FOR YOUR
SUPPORT!

CALL US AT 801-662-5820 OR VISIT US
ONLINE IF YOU HAVE QUESTIONS